

IVSF Menu

Italian Cuisine

Fresh Fruit

Pineapple, Watermelon, Cantaloupe, and Mixed Berries

Italian Chopped Salad

Romaine salad with Tomato, Cucumber, Red Onion, and Balsamic Vinaigrette

Garlic Parmesan Breadsticks

Roasted Vegetables

Steamed Broccoli and Zucchini with Chili Flakes

Tuscan Bean Stew

Cannellini Beans, Lacinato Kale

Chicken Cacciatore

Grilled Chicken Breast, Tomato Marinara, Peppers, Onions, and Mushrooms

Beef Bolognese Bake

Ground Beef, Penne Pasta, Tomato Marinara, Mozzarella, Parsley